

IF NOT NOW, **WHEN?**

Action for our children's future

CASE STUDY

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Mellers Primary School

ACHIEVING 100% UPTAKE OF UNIVERSAL INFANT FREE SCHOOL MEALS AND GOING GREENER



Mellers
Primary School

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Mellers Primary School
Headteacher



CONTENTS:

- School background
- Developing a more ethical, healthier menu
- How to get 100% UIFSM uptake: the barriers and challenges
- The Eco Team: how the children are involved
 - Saving energy
 - Recycling
 - Composting
 - Having a wormery
 - Working towards becoming a plastic free school





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SCHOOL BACKGROUND

- 21% of Mellers pupils reside in LSOA which are ranked in the most deprived 1% of LSOA nationally
- 95.7% of Mellers pupils reside in LSOA which are ranked in the most deprived 30% of LSOA nationally
- 90% of our children come from ethnic minorities. 65% of the pupils at Mellers have a language other than English as a first language.
- There are 49 languages other than English spoken in school
- 12 profoundly deaf pupils in school
- Complex community
- Getting everyone on board
- Good communication with parents
- Invest in relationships
- High degree of trust





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HOW TO GET 100% UIFSM TAKE UP

- How we did it
 - School Food Policy
 - Communications at Open Day
 - Communications at Admissions
 - School Meals at Nursery





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HOW TO GET 100% UIFSM TAKE UP THE BARRIERS AND CHALLENGES

- Polarised society
- High degree of trust in the community
- Working with worried parents
- Inviting parents/carers in for a meal
- Adjusting menus
- Being firm: following school rules





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HOW WE DEVELOPED A MORE ETHICAL MENU

- Trialling new dishes
- Healthy meat free alternatives
- Fish every week
- Great quality food
- Tasty, home cooked food
- Ethical suppliers
- How we get the parents on board
- Reduction in food waste





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THE ECO TEAM

- How the children are involved
- Saving energy
- Recycling (crisp packets, plastic pots, bread packaging and more.)
- Composting
- Awards every half term for winning class
- Re-use competitions
- Eco School Award





THE ECO TEAM



- Teacher Sarah Maltby-Sells, who runs the Eco Team meetings, said: “The children are passionate about the environment and really care about protecting it. We go with the children’s ideas on what they would like to do and the Eco Team really empowers them and gives them confidence. I’m looking forward to recruiting children from all years of the school and getting the whole school involved.”



HAVING A WORMERY

- Adding fruit and veg scraps from the classrooms and tuck shop
- Creating a rich compost for the school garden
- Working on having an industrial food waste wormery for kitchen waste





BECOMING A PLASTIC FREE SCHOOL & RECYCLING

- Milk delivered in glass bottles
- Reducing food packaging
- Stopping the use of single use plastic
- We recycle:
 - Glass, tin, crisp packets, plastic pots, bread packaging, cheese packaging, coffee packaging, wax bread packaging, kinder surprise tubs, toothbrushes, electric toothbrush heads, interdental brushes, floss tubs, pringle tubs, popcorn packets, carex packaging (refill and bottles), cosmetic product packaging and clothing
- We also take part in a uniform share scheme





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THANK YOU FOR YOUR ATTENTION

Any questions?

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